The Shooting Stars group is designed as an introduction to the Ad Astra Area Aquatics Swim Club. The goal is to have fun, enjoy the water, teach technical skills in a **small group setting** and continue swimming at a young age in preparation for joining the year-round team.

Requirements to join Shooting Stars:

Previous swimming lessons
Basic water comfort
Able to swim 15 yards freestyle and 15 yards back kick
Able to tread water for 30-60 seconds
Sitting dive

The cost for each session is as follows:

$172.61 for the 1st session attended, which includes the USA Swimming Annual Registration fee of $60, $80 for twice weekly practices throughout the session, $32.61 (includes sales tax) for a pair of fins and mesh carrying bag for swim gear.
$80 for each following session

Sessions are typically organized each month for 4 weeks in length. Call or contact us for exact dates of the monthly session.

Practices are twice weekly, either Mon/Wed OR Tues/Thurs 7pm-7:30pm at the Lawrence Indoor Aquatic Center located next to Free State High School.

We look forward to having you join the Ad Astra Area Aquatics-Shooting Stars! Please contact Coach Patrick at 331-6940 or Coach Katie at 766-7423 with further questions regarding this program.